

PARENT/GUARDIAN LETTER OF CONSENT FOR MINORS

Dear Parent/Guardian:

In collaboration with: Pima County Schools Superintendent's Office, Community Partnership of Southern Arizona, MIKID, FIC, and Art Awakenings, the Arizona Department of Health Services/Division of Behavioral Health Services is proud to sponsor the first annual youth-driven conference: "Dare To Be Different".

The Statewide Youth Advisory Council extends an invitation to youth ages 13 to 18, who are currently receiving treatment services for substance abuse or have recently been in treatment for substance abuse, to attend this conference. This one day conference commences at 8:00 a.m. and concludes at 5:00 p.m. All workshop sessions, activities, materials and meals are provided at no cost to participants. Transportation will need to be arranged by participants and is not considered to be a reimbursable charge.

The Statewide Youth Advisory Council has been working hard on the development of this conference for youth by youth. For further information regarding the workshops and activities of this conference, please refer inquiries to: Merv Lynch at lynchm@azdhs.gov or by calling (602) 364-2086.

Parent/Guardian consent is required for each participant. We may be video-taping or photographing portions of the Conference and will need your permission. Your signature below indicates your consent to have (please print youth participant's full name):

attend this conference where photographing and/or video taping may be conducted.

Printed name of Parent/Guardian

Signature

Date

Funding for this conference was made possible (in part) by (State Adolescent Substance Abuse Treatment Coordination Grant) from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Address Correction Required

ARIZONA DEPARTMENT OF HEALTH SERVICES
ATTN: MERV LYNCH
150 N. 18TH AVE., STE. 220
PHOENIX, AZ 85006



Arizona Department Of Health Services' Statewide Youth Advisory Council

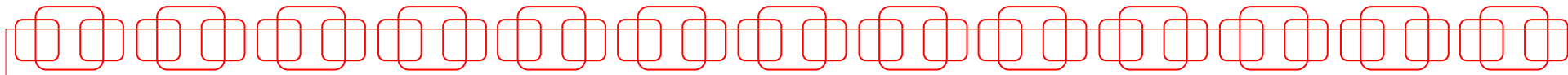
1st Annual Youth Conference
"Dare To Be Different"



MARCH 15th, 2008
8 - 5:00 pm

FLOWING WELLS HIGH SCHOOL
TUCSON, ARIZONA

"Leadership for a Healthy Arizona"



ABOUT Y.A.C.

Established in 2007, the Arizona Department of Health Services' Youth Advisory Council (Y.A.C.) has been helping to develop the youth voice in our behavioral health system of care.

Comprised of a group of inspiring young persons in recovery, the council has committed numerous hours in the planning of this youth focused conference.

The theme of this year's conference is: Youth perspective on what the physical, mental and spiritual effects of substance abuse are and how best to treat youth with substance abuse issues.

AGENDA

08:00 - 09:00	Registration/Continental Breakfast
09:00 - 10:30	Welcome/Opening/C.A.S.T. (Auditorium)
10:30 - 10:45	BREAK
10:45 - 11:30	Workshops: A thru F (Session 1)
11:30 - 12:30	Lunch: "Youth Empowerment: Youth as Leaders". Keynote: Rep. David Bradley, CEO, La Paloma
12:30 - 1:15 p.m.	Workshops: A thru F (Session 2)
1:15 - 2:15 p.m.	Activities: Teen Maze (football field) Video Screening (Auditorium)
2:15 - 2:30 p.m.	BREAK
2:30 - 4:00 p.m.	Special Presentation: Youth Leadership Training (Auditorium)
4:00 - 5:00 p.m.	Dinner/ Closing of Conference (Cafeteria) <ul style="list-style-type: none">Governor's Proclamation of "Youth In Recovery Day!"Unveiling of "Youth In Recovery" Mural

WORKSHOP DESCRIPTIONS

There are (6) workshops and (2) activities that you may choose from. Please indicate your top (4) workshop choices and (1) activity choice in the section provided on the registration form.

WORKSHOP "A" - "Trapped - The Truth About Addiction!"

In this youth-led workshop, you will learn about how drugs interact with your brain and cause addiction. The group will explore ways that addiction impacts lives, how to know if you're addicted, and what you can do to help a family member or friend who is using drugs.

WORKSHOP "B" - "Can't Touch This!"

In this youth-led workshop, you will learn a short hip hop dance routine from Cactus High School Hip Hop Dance Group Member, Raeanna Jordan as well as tips on how you can develop your own tunes from CD "Messages of Hope" creator, Kenny Dobbs.

WORKSHOP "C" - "You Only Live Once!"

In this workshop, you will learn that suicide is permanent solution to a temporary problem! You will learn tips on identifying those at risk, what support systems exist and what resources are available in your local community.

WORKSHOP "D" - "Making Treatment Work for You!"

Workshop will impart helpful tips on how to make your treatment more effective and where to go to find help when you need it. Also, you will learn how your voice in the Child & Family Team (CFT) can be developed.

WORKSHOP "E" - "Shaping Your Recovery!"

In this "hands-on" workshop, "everybody is an artist!" Participants will work with clay to symbolically create aspects about their personal story that makes them the unique person that they are!

WORKSHOP "F" - "Visions of Change!"

In this workshop, you will learn how peer support can help with your recovery. You will learn where to go for help and tips on how to avoid triggers for relapse.

Activity "1" - TEEN MAZE

Envision a life-sized game board, where teens are the pawns and life choices the dice. This activity is designed to help youth better understand potential outcomes to decisions concerning substance abuse.

Activity "2" - "One Voice, One Choice - Just Once" Video

Presentation To police and DEA Officers, methamphetamine is the most hated drug. Learn the devastating health risks and behavioral dangers of meth and what some are doing to fight back.

REGISTRATION FORM

Registration Deadline: February 22, 2008!

Registration is on a first come first served basis. 175 slots are available. Please note that there is no conference fee, however participants are required to provide their own transportation to and from this event. Please fill out front and back of form. Completed forms may be faxed to (602) 364-4763.

Name

Mailing Address

Phone

E-mail

School Name/Grade Level

Parent/Guardian Name

Parent's day time telephone number

Name of Provider Agency

Provider Contact Name & Number

Please indicate t-shirt size (L, XL)

Special Needs

Dietary Considerations

Please indicate workshop preference below:

Choice 1: _____

Choice 2: _____

Choice 3: _____

Choice 4: _____

Please indicate activity preference below: